

Exercise for the body and the mind
Perfect teambuilding activity
Socialize with great people
Families, couples, singles, teens welcome



Classes begin on
Monday ♦ October 12, 2009
7:15 - 8:30 pm

Scot Byars ♦ instructor

Valley Oaks Grange

347 5th Street ♦ Galt
corner of 5th & D streets

For more information call Steve at 209.740.9918